



ORGANIC PURE CACAO

Sacred Guatemalan Ceremonial Grade Cacao Awaken Your Spirit, Open Your Heart

At Luminous Living, we offer ceremonial-grade cacao sourced directly from the sacred lands of Lake Atitlán, Guatemala – a region known for its vibrant energy and deep connection to Mayan traditions. This cacao isn't just a product; it's a gift of nature, steeped in ancient Mayan culture. Known as 'Food of the Gods', cacao is more than a superfood – it's a sacred medicine that supports transformation and connection. Whether you are deepening your spiritual practise, sharing a meaningful moment with loved ones, or facilitating a healing retreat, our ceremonial grade cacao is your ally and a doorway to heart-centred living, mindfulness, and spiritual connection.

We believe everyone deserves the transformative, healing, nutritional and nurturing energy of cacao. When you choose our cacao, you're not just purchasing a superfood – you're embracing a journey of self-discovery, healing, and alignment within yourself and the natural world.

Cacao in the Spotlight

Cacao is not just loved by spiritual practitioners—it's gaining recognition in the mainstream too. It's been featured on Dragon's Den, highlighting its growing popularity as a transformative wellness product. Even adventurer Bear Grylls has shared that he drinks cacao every day to fuel his energy and well-being. If it's good enough for extreme adventurers and business moguls, imagine what it could do for you in your daily life!

Cacao is more than a tasty drink; it's a moment to pause and set your intention.

When you sit with cacao, we invite you to think about what you want to create in your day or life—whether it's clarity, energy, calm, mental focus, vitality, more energy, or connection. It's as simple as taking a moment to reflect, hold that thought, and let the cacao work its magic. You don't need to know ancient rituals to enjoy this; it's all about what feels right to you in the moment.

Who Is Cacao For?

Cacao is perfect for anyone seeking:

- A healthier, natural alternative to coffee.
- Emotional balance and inner peace.
- A nutrient-rich superfood to fuel the body and soul.
- To bring in more self love and open the heart centre.
- To remove energetic blocks.
- Create meaningful moments to connect with self, loved ones, friends or family.
- A ritual to deepen meditation, yoga, or spiritual practices.
- Connecting more fully in ceremonies or healing circles.
- To Replace caffeine with a gentler, heart-opening alternative.
- Enrich retreats, corporate wellness programs, or team-building sessions.





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How Can Cacao Be Used?

Our Guatemalan Ceremonial Grade cacao's versatility makes it suitable for a wide range of settings and intentions:

Sharing Circles: Begin your circle with a cacao ritual to foster connection and openness.

Healing Retreats: Use cacao as a tool for emotional release and spiritual awakening.

Ecstatic Dance: Open your heart and body to movement by starting your dance journey with cacao ceremony. Many ecstatic dances often have a cacao bar!

Fire Ceremonies: Offer cacao to the fire as a symbol of transformation and renewal and invite guests to a cacao ceremony.

Meditation and Journaling: Combine cacao with mindfulness to deepen self-reflection.

Corporate Events: Integrate cacao into wellness days or team-building exercises for focus and intention.

Conscious Festivals and Events: Cacao is very often available at these types of events, why not bring its healing powers and high vibration to your event and give people the choice of 'their usual' or something extra special, beneficial and powerful!

The Farmers' Sacred Work

Our cacao is grown by cooperative farmers in Lake Atitlán, using traditional methods passed down through generations. Every block of cacao is a product of care, respect for the Earth, and the sacred connection between the farmers and the land. When you buy our cacao, you are supporting these farmers, their communities, and the continuation of their cultural and spiritual heritage.

Why Choose our Cacao?

- 1. Ceremonial Grade Excellence:** Our cacao is handcrafted using traditional methods, ensuring it retains its full potency and rich flavour, making it ideal for rituals, meditation, or simply connecting to your heart.
- 2. Rich in Nutritional Power:** Packed with magnesium, iron, antioxidants, and anandamide (the bliss molecule), cacao promotes physical vitality, mental clarity, emotional balance and a sustained energy boost – without the jitters of caffeine. People report feelings of a gentle energy boost, mood elevation, clarity and a profound sense of connection and well-being.
- 3. Ethically and Sustainably Sourced:** Buy purchasing our cacao, you directly support indigenous farmers and their communities, helping to preserve the sacred Mayan traditions and ensuring their fair wages. Your purchase supports indigenous and sacred traditions, the cultivators and sustainable farming practices, ensuring honest earnings and respect for the Earth. All of this is tasted and felt with our cacao when compared to other brands where cacao is refined in factories with no sacredness, intention, blessings or tradition in the medicine at all.
- 4. Infused with Spirit:** Grown in the nutrient rich volcanic soil of the highlands of Lake Atitlán, this cacao carries the sacred energy of its land, and the wisdom of its farmers and the Mayan wisdom keepers of sacred traditions; offering and supporting profound emotional and spiritual transformation.





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Our Commitment to Tradition

Having trained with Tata Pedro, a respected Mayan elder, Guatamalan Shaman and Cacao Ceremonial Teacher and farmer, we are committed to preserving and sharing the sacredness of our cacao and cacao ceremonies all over the world. Our offerings are more than just products; they are invitations to experience the profound benefits of this ancient medicine.

Join us in honouring the sacredness of ethically sourced cacao and embark on a transformative journey with Luminous Living. It is an honour and blessing for us to be able to share this beautiful medicine with you. As always, much love, gratitude and blessings are sent to the beautiful people in Guatamala whom make this possible.

Why is Luminous Livings Guatamalan Ceremonial Grade Cacao Worth the Investment?

Because it is an investment in you.

Because you are worth it.

Because you will feel it and notice the subtle shifts in your new ways of being.

While cheaper cacao is available, our ceremonial-grade cacao stands out because:

- It is processed with careful, sacred methods and Mayan traditions that preserve its medicines potency, spiritual energy, nutritional benefit and healing powers.
- It supports holistic well-being, nourishing your mind, body, and spirit.
- It connects you to yourself, nature, and an ancient lineage of healing and transformation.

This is more than cacao—it's an investment in your own physical, mental, emotional and spiritual health, your growth, and in the preservation of sacred traditions. You will feel the difference. By choosing our cacao, you align with ancient traditions while inviting nourishment, healing, and connection into your life.





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Place your order now to experience the heart-opening power of this sacred medicine.

Pricing

1 Block (1lb): £40 + £4.95 UK shipping = £44.95

2 Blocks (2 x 1lb): £85.

Personal Membership Packages

6-Month Membership – £245 (Paid in Full)

6 blocks of ceremonial cacao (1lb each) delivered in one upfront parcel.

1 guided shamanic journey (audio) valued at £66.66 – FREE with your membership.

5% discount on additional cacao purchases during the membership period.

12-Month Membership – £475 (Paid in Full)

12 blocks of ceremonial cacao (1lb each) delivered in one upfront parcel.

1 guided shamanic journey (audio) valued at £66.66 – FREE with your membership.

10% discount on 1:1 healings during the membership period.

10% discount on The Bridge Training (if booked within 3 months).

10% discount on online ceremonies during the membership period.

Or 5% discount on 4 year Medicine Wheel Training Programme (if booked within 3 months).





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Corporate & Retreat Bulk Order Packages

Bring the heart-opening power of Sacred Cacao to your events, retreats, or corporate wellness programs. Perfect for group settings, Sacred Cacao offers a profound and nourishing experience for all participants while aligning with sustainable and ethical practices.

Why Choose Sacred Cacao for Your Events?

High-Quality Ceremonial Grade Cacao

Handcrafted by indigenous farmers in Guatemala using traditional methods.

Purity and potency designed to create transformational group experiences.

Affordable, Healthful and Impactful

Making it ideal for groups without compromising on quality.

Ethical and Sustainable

Your purchase supports fair wages, community development, and the preservation of sacred Mayan traditions.

Exclusive Incentives for Bulk Orders

We value our high-volume customers and offer the following perks to ensure you keep coming back:

- 5% Discount on Repeat Orders
- Receive 5% off your next bulk purchase when you reorder within 3 months.
- Complimentary Add-Ons
- For orders of 30+ blocks, receive a bonus block of cacao or a free guided shamanic journey (audio) as a thank-you.
- Subscription Options for Retreat Leaders
- For regular event organizers, we offer a subscription model according to your needs.

How to Order

Ready to transform yourself and your events with Sacred Cacao?

You can buy directly from our online shop. www.luminousliving.co.uk Or, contact us for corporate, bulk and tailor made orders.

For international clients, shipping costs will vary based on location and weight – please contact us for a quote. Please advise the postage location and desired quantity of cacao for an accurate shipping quote.

Refund Policy

Please note that all sales are final. Due to the nature of our products and the inclusion of exclusive, high-value digital content like shamanic journey audios, we are unable to offer refunds once orders are shipped. This ensures the integrity of our offerings and allows us to continue supporting the indigenous farmers and sacred traditions behind our cacao. Thank you for understanding.

